



Scottsdale

HEALTH

01/16

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SADENA PARKS

Sadena Parks
An Edgy Trailblazer
Who's Determined to Have It All

THE GOLF ISSUE!

GETTING IN "THE ZONE"

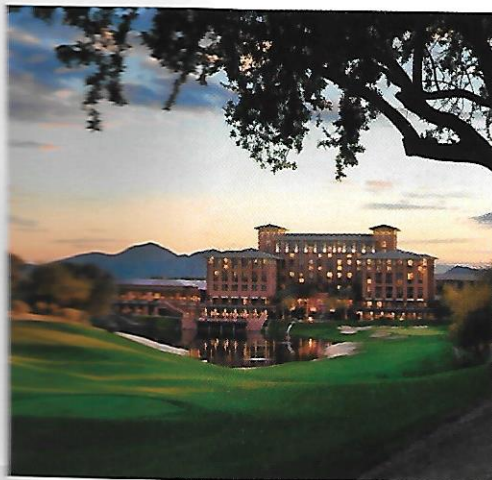
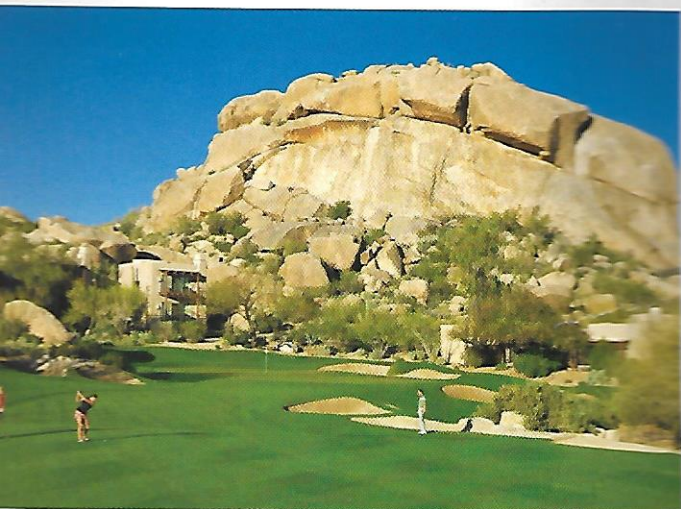
A SWING POWER WORKOUT

LOOKS FOR THE LINKS

THE HOTTEST

list

/ by Gabby Richman



Going Green

Our top 10 local public golf courses

1. TPC OF SCOTTSDALE

17020 N. Hayden Road, Scottsdale; 480.585.4334; www.tpc.com.

Home to the largest-attended tournament in the world, the fan-favorite Waste Management Phoenix Open, TPC Scottsdale is both for the sport's top competitors as well as recreational golfers. You'll enjoy views of the McDowell Mountains and choose from the Stadium or Champion courses.

2. TROON NORTH GOLF CLUB

10320 E. Dynamite Blvd., Scottsdale; 480.585.5300; www.troonnorthgolf.com. On the top of every golfer's "must-play" list lies Troon North

Golf Club. The golf club features the Monument and Pinnacle courses that wrap around the northern slopes of Pinnacle Peak.

3. TALKING STICK GOLF CLUB

9998 E. Indian Bend Road, Scottsdale; 480.860.2221; www.talkingstickgolfclub.com.

Talking Stick Golf Club has the best of both worlds with their North and South courses. The North course features a link style experience with grasslands and bunkering while the South course is more of a traditional fairway, lined with trees and showcases smaller sloped greens.

4. THE PHOENICIAN GOLF CLUB

6000 E. Camelback Road, Scottsdale; 480.420.2449; www.thephoenician.com.

Designed by Ted Robinson, Sr. and Homer Flint, the Phoenician features three diverse nine-hole courses. Mix and match your two favorites to create a unique and exciting experience during your 18-hole day.

5. GRAYHAWK GOLF CLUB

8620 E. Thompson Peak Pkwy., Scottsdale; 480.502.1800; www.grayhawkgolf.com.

Come over to Grayhawk for your next 18 holes. Both the Raptor and Talon courses are known to be a bit of a challenge, and the club is known for its great customer service.

6. CAMELBACK GOLF CLUB

7847 N. Mockingbird Lane, Scottsdale; 480.596.7050; www.marriot.com.

One of Arizona's original gems, the Camelback Golf Club, offers two championship 18-hole courses, a 36,000-square-foot pueblo-style clubhouse and some American classics at Acacia for a bite after or before your tee time.

7. MCCORMICK RANCH GOLF CLUB

7505 E McCormick Pkwy., Scottsdale; 480.948.0260; www.mccormickranchgolf.com.

Opened in 1972, McCormick Ranch Golf Club features the Palm and Pine courses which have views of Camelback and

McDowell Mountain. The club is a family-owned and operated business, showcasing a bermuda grass driving range, two chipping areas, and a putting green.

8. THE WESTIN KIERLAND GOLF CLUB

15636 N. Clubgate Drive, Scottsdale; 480.922.9283; www.kierlandgolf.com.

The club features 27 holes with more than 300 bunkers, cool lakes, dry washes and desert trees. The courses are surrounded by views of Camelback Mountain, Mummy Mountain, Pinnacle Peak and The McDowells.

9. THE BOULDERS GOLF CLUB

34631 N. Tom Darlington Drive, Carefree; 480.488.9028; www.bouldersclub.com.

The golf club, known for its rugged beauty and desert landscape, offers 36 holes, a golf pro shop, fitness center, restaurant, and a residential home development. The North and South courses were both designed by Jay Morrish.

10. MCDOWELL MOUNTAIN GOLF CLUB

10690 E Sheena Drive, Scottsdale; 480.502.8200; www.mcdowellmountaingc.com.

The club, formally known as Sanctuary Golf Course at Westworld, is located at the foothills of Scottsdale's McDowell Mountains. After being acquired by Phil Mickelson and Steve Loy in 2011, the course had a significant enhancement and renovation.